

# Parenting ADHD (now!) Summit 2025

Hosted By: ImpactParents'  
Elaine & Diane



Virtual Event for Parents & Professionals Supporting  
Children, Teens, & Young Adults with ADHD



## Tosha Schore

Tosha Schore is a parent coach and the founder of Parenting Boys Peacefully, whose mission is to create a more peaceful world, one sweet boy at a time. She also is co-author of "Listen: Five Simple Tools to Meet Your Everyday Parenting Challenges," which has been translated into five languages.

Tosha works with parents to care for themselves, connect with their boys deeply, set limits lovingly, and play wildly, and she has been featured on Dr. Shefali's Parenting Mastery Summit, and on GoZen's Anger Transformation Workshop and Listen Up! Summit.

She also has spoken to audiences at the Institute for Child Psychology, the Diversity in Parenting Conference, the Davidson Institute, Lawrence Livermore Laboratory, and on a boatload of podcasts!



### DISCUSSING ...

## *Stopping Aggression in Boys with ADHD*

Tosha covers why aggression in boys and in neurodivergent kids is extra challenging for many parents, what parents must understand in order to help their kids stop the aggression, and a new framework for setting limits that sets up parents to feel empowered without overpowering.

### **FREE GIFT**

[Parenting Boys  
Peacefully: 10-Day  
Reconnect](#)

